

What does the pain / dysfunction keep you from doing and why?

- Work: _____
- School: _____
- Sitting: _____
- Standing: _____
- Bending: _____
- Lifting: _____
- Reaching: _____
- Driving: _____
- Climb stairs: _____
- Grip/Grasp: _____
- Sleep: _____
- Mowing/Yardwork: _____
- Shopping: _____
- Doing Laundry: _____
- Doing the Dishes: _____
- Vacuum/Sweep/Mop: _____
- Taking care of Children: _____
- Sports (what did you do that you cannot do now): _____
- Hobbies: _____

Can You Dress Yourself?

Yes.

Yes, but it takes time.

No, I need help.

Other: _____

Patient Signature: _____ Date: _____